

# Look To!

*The Eastern District Newsletter*  
*July 2023*



## *Words from your editor*

Welcome to *Look To!*. Ringing has been in the spotlight again with the Coronation, and we could all use a break from this sort of ceremony. So grab your beverage of choice and sit back, relax and enjoy the newsletter.

Samuel Canning

Look To! Editor



## ASSOCIATION CLOTHING



It is now possible to order Association clothing and other items direct from a supplier rather than going through a third party. There is an extensive range of clothing available (many different styles/colours/sizes) and also other items, such as headwear, ties, bags. To make your selection please visit [wearyourlogo.co.uk](http://wearyourlogo.co.uk) where you can order on-line or having visited the site you can contact the company to order by emailing [sales@wearyourlogo.co.uk](mailto:sales@wearyourlogo.co.uk) or by phone 01903 766228. When ordering on-line please insert SCACR in the notes section when you 'check out' to identify your choice of logo. You do not need to set up an account to place an order but if you choose to do so, the logo will then be saved to your account for future orders.

There are delivery costs involved so it might be a good idea to get an order together with other members of your tower/Association or you can collect from the company at 91a South Street, Lancing BN15 8AP (see opening hours on their website). VAT is added to orders.

So get ordering to spoil yourself and advertise your passion for ringing at the same time.

Any queries please contact Sue Gotham via [clothing@scacr.org](mailto:clothing@scacr.org)

Upcoming events – Check the website at <https://www.scacr.org/news-events/calendar> for the latest info

July 12<sup>th</sup> – Doubles Practice at Westham 7:30 start

July 27<sup>th</sup> – Triples Practice at Christ Church Eastbourne 7:30 start

August 9<sup>th</sup> - Doubles Practice at Westham 7:30 start

August 30<sup>th</sup> - Triples Practice at Christ Church Eastbourne 7:30 start

September 13<sup>th</sup> - Doubles Practice at Westham 7:30 start

September 27<sup>th</sup> - Triples Practice at Christ Church Eastbourne 7:30 start

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### News in Brief

Your editor celebrated his 17<sup>th</sup> birthday by scoring his first peal as conductor at Crowhurst on March 18<sup>th</sup>.

On April 19<sup>th</sup>, the first quarter peal was rung on Alfriston bells following their restoration.

Hailsham welcomed new incumbent Rory Graham, who chimed the tenor as part of his licencing service.



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## Coronation Ringing

Congratulations to everyone in the Eastern District who took part in the ringing for the coronation, especially those who reached a significant milestone like first service ringing or a first quarter peal! See the Eastern District performances below.

<b>Tower</b>	<b>Performance</b>	<b>Bellboard Link</b>
<b>Saturday 6<sup>th</sup> May</b>		
Alfriston	Rounds and Call Changes	<a href="https://bb.ringingworld.co.uk/view.php?id=1616992">https://bb.ringingworld.co.uk/view.php?id=1616992</a>
Battle	5040 St Alkmund Bob Triples	<a href="https://bb.ringingworld.co.uk/view.php?id=1618473">https://bb.ringingworld.co.uk/view.php?id=1618473</a>
Battle	General Ringing	<a href="https://bb.ringingworld.co.uk/view.php?id=1617177">https://bb.ringingworld.co.uk/view.php?id=1617177</a>
Bexhill	General Ringing	<a href="https://bb.ringingworld.co.uk/view.php?id=1623747">https://bb.ringingworld.co.uk/view.php?id=1623747</a>
Chiddingly	Kings, Queens and Rounds	<a href="https://bb.ringingworld.co.uk/view.php?id=1618022">https://bb.ringingworld.co.uk/view.php?id=1618022</a>
Eastbourne, All Saints	Rounds, Call Changes and Bob Doubles	<a href="https://bb.ringingworld.co.uk/view.php?id=1623002">https://bb.ringingworld.co.uk/view.php?id=1623002</a>
Eastbourne, Christ Church	General Ringing	<a href="https://bb.ringingworld.co.uk/view.php?id=1623845">https://bb.ringingworld.co.uk/view.php?id=1623845</a>
Eastbourne, Christ Church	1260 Plain Bob Triples	<a href="https://bb.ringingworld.co.uk/view.php?id=1622903">https://bb.ringingworld.co.uk/view.php?id=1622903</a>
Eastbourne, St Mary	Rounds and Call Changes	<a href="https://bb.ringingworld.co.uk/view.php?id=1619220">https://bb.ringingworld.co.uk/view.php?id=1619220</a>
Eastbourne, SS Saviour & Peter	General Ringing	<a href="https://bb.ringingworld.co.uk/view.php?id=1619816">https://bb.ringingworld.co.uk/view.php?id=1619816</a>
Hailsham	1260 Doubles (3m)	<a href="https://bb.ringingworld.co.uk/view.php?id=1619816">https://bb.ringingworld.co.uk/view.php?id=1619816</a>
Hailsham	Rounds, Call Changes and Winchendon Place Doubles	<a href="https://bb.ringingworld.co.uk/view.php?id=1622003">https://bb.ringingworld.co.uk/view.php?id=1622003</a>

Hastings, All Saints	General Ringing	<a href="https://bb.ringingworld.co.uk/view.php?id=1620157">https://bb.ringingworld.co.uk/view.php?id=1620157</a>
Hastings (Blacklands)	General Ringing	<a href="https://bb.ringingworld.co.uk/view.php?id=1620180">https://bb.ringingworld.co.uk/view.php?id=1620180</a>
Hastings, St Clement	General Ringing	<a href="https://bb.ringingworld.co.uk/view.php?id=1620169">https://bb.ringingworld.co.uk/view.php?id=1620169</a>
Heathfield	1260 Doubles (3m)	<a href="https://bb.ringingworld.co.uk/view.php?id=1618341">https://bb.ringingworld.co.uk/view.php?id=1618341</a>
Iden	Rounds	<a href="https://bb.ringingworld.co.uk/view.php?id=1631203">https://bb.ringingworld.co.uk/view.php?id=1631203</a>
Ripe	Rounds and Call Changes	<a href="https://bb.ringingworld.co.uk/view.php?id=1616891">https://bb.ringingworld.co.uk/view.php?id=1616891</a>
Salehurst	General Ringing	<a href="https://bb.ringingworld.co.uk/view.php?id=1616920">https://bb.ringingworld.co.uk/view.php?id=1616920</a>
Sedlescombe	Rounds and Call Changes	<a href="https://bb.ringingworld.co.uk/view.php?id=1620009">https://bb.ringingworld.co.uk/view.php?id=1620009</a>
Wadhurst	General Ringing	<a href="https://bb.ringingworld.co.uk/view.php?id=1628252">https://bb.ringingworld.co.uk/view.php?id=1628252</a>
Westham	Rounds, Call Changes, Chiming	<a href="https://bb.ringingworld.co.uk/view.php?id=1617916">https://bb.ringingworld.co.uk/view.php?id=1617916</a>
Willingdon	General Ringing	<a href="https://bb.ringingworld.co.uk/view.php?id=1621711">https://bb.ringingworld.co.uk/view.php?id=1621711</a>
<b>Sunday 7<sup>th</sup> May</b>		
Battle	1260 Grandsire Doubles	<a href="https://bb.ringingworld.co.uk/view.php?id=1621967">https://bb.ringingworld.co.uk/view.php?id=1621967</a>
Crowhurst, Forewood Ring	1344 Lessness Surprise Major	<a href="https://bb.ringingworld.co.uk/view.php?id=1621527">https://bb.ringingworld.co.uk/view.php?id=1621527</a>
<b>Monday 8<sup>th</sup> May</b>		
Hastings, All Saints	1260 Grandsire Triples	<a href="https://bb.ringingworld.co.uk/view.php?id=1622485">https://bb.ringingworld.co.uk/view.php?id=1622485</a>
Hastings (Blacklands)	1260 Reverse Canterbury Pleasure Place Doubles	<a href="https://bb.ringingworld.co.uk/view.php?id=1623193">https://bb.ringingworld.co.uk/view.php?id=1623193</a>
Hastings, St Clement	1260 Plain Bob Minor	<a href="https://bb.ringingworld.co.uk/view.php?id=1622801">https://bb.ringingworld.co.uk/view.php?id=1622801</a>

Rotherfield	1320 Plain Bob Doubles	<a href="https://bb.ringingworld.co.uk/view.php?id=1623441">https://bb.ringingworld.co.uk/view.php?id=1623441</a>
St Leonards	1260 Canterbury Pleasure Bob Triples	<a href="https://bb.ringingworld.co.uk/view.php?id=1622475">https://bb.ringingworld.co.uk/view.php?id=1622475</a>
<b>Wednesday 10<sup>th</sup> May</b>		
Crowhurst, Forewood Ring	1296 Northumberland Surprise Minor	<a href="https://bb.ringingworld.co.uk/view.php?id=1625227">https://bb.ringingworld.co.uk/view.php?id=1625227</a>
Hooe	1320 Doubles (36m/v/p)	<a href="https://bb.ringingworld.co.uk/view.php?id=1625237">https://bb.ringingworld.co.uk/view.php?id=1625237</a>
<b>Thursday 11<sup>th</sup> May</b>		
Bexhill	1260 Grandsire Doubles	<a href="https://bb.ringingworld.co.uk/view.php?id=1626981">https://bb.ringingworld.co.uk/view.php?id=1626981</a>
<b>Saturday 13<sup>th</sup> May</b>		
Bexhill	1320 Kent Treble Bob Minor	<a href="https://bb.ringingworld.co.uk/view.php?id=1629381">https://bb.ringingworld.co.uk/view.php?id=1629381</a>

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### Calling All New Bell-Handling Teachers!

Does your tower have ringers who would like to teach others the basics of bell handling when a new potential ringer visits your tower but does not have the confidence to take this on?

There is help at hand. You may have heard of the ART course (Association of Ringing Teachers). ART have created several one-day modules to assist. The first module aims to provide the skills and techniques needed to take a ringer from their first session to having competent bell control. This is provided via both practical and theory sessions.

You do not need to be an expert ringer to teach. To enrol in the bell handling module, you would need to have sufficiently good bell control yourself and be able to inspire confidence in others. You would also need to be able to raise and lower a bell. This module is also useful for ringers who already teach but would like a refresher or learn some new techniques.

We are looking to arrange some local courses. One has been confirmed for Wednesday September 6<sup>th</sup>, at Hailsham.

Marion Hollands

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### Speckled Hunting

Moving on from Call Changes to Plain Hunt is a big jump, so at Hailsham we use this exercise. The learner takes the treble, and the conductor calls the treble up over each bell in turn and then back down again, like so;

12345

21345

23145

23415

23451

23415

23145

21345

12345

Good bell control is needed for the ringers of the back bells.

It might be helpful to start by waiting between the calls to let the striking settle down, but as the learner improves, start making the calls more frequently. Hopefully, the learner will get to a point where the conductor can make changes at every handstroke. Now for the unorthodox part; make the calls at every stroke, hand and back. After a few goes at this to establish the rhythm, see if the learner can do it without calls. They won't get it right away, but after a while, they should grasp it – and they're now ready to have a go at Plain Hunt.

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St Saviour's, Eastbourne

## Dates for ringing – all welcome



23/7 Sunday at 10 a.m

25/7 Quarterly practice at 7.30 p.m

20/8 Sunday at 10 a.m

17/9 Sunday at 10 a.m

15/10 Sunday at 10 a.m

24/10 Quarterly practice at 7.30 p.m

19/11 Sunday at 10 a.m

24/12 Sunday at 10 a.m

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### Beckley Peal

When Fr. Chris Hopkins, former Rector of Beckley and Peasmars, was near to his death after a long fight with cancer, he mentioned to a bell ringing friend his wish that a full peal might be rung in his memory. Unfortunately, when he died, we were already in the midst of the unprecedented shut down of our corporate life associated with Covid19, and even by the date of his first anniversary, on 5 May 2021, it wasn't feasible to organise this memorial ringing.

On the second anniversary last year we were able to get together for a peal attempt, at Peasmars, but this came to grief after something less than an hour's ringing so we had to be content with a quarter peal on that occasion, marking our diaries for a further attempt on 5 May 2023. This year we met at Beckley, and I'm pleased to report we scored a good peal, in seven different Minor methods, as per the report below. The band included Fr. Chris's sister, Lucy Hopkins Till, and her husband Mike, who came over from their home near Winchester to be in the ringing.

<https://bb.ringingworld.co.uk/view.php?id=1616771>

Alan Pink

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### Oddstruckness Meter Available to Borrow

**The Association owns an oddstruckness meter, which can be used to measure and quantify how oddstruck bells are. This is very useful for adjusting bells to minimise oddstruckness. The meter can be borrowed for a donation to the Bell Restoration Fund (£5 suggested donation); please email Graham Hills via**

**[brf@scacr.org](mailto:brf@scacr.org). More information here:**

**<http://www.bagleybells.co.uk/osm/osm.htm>**

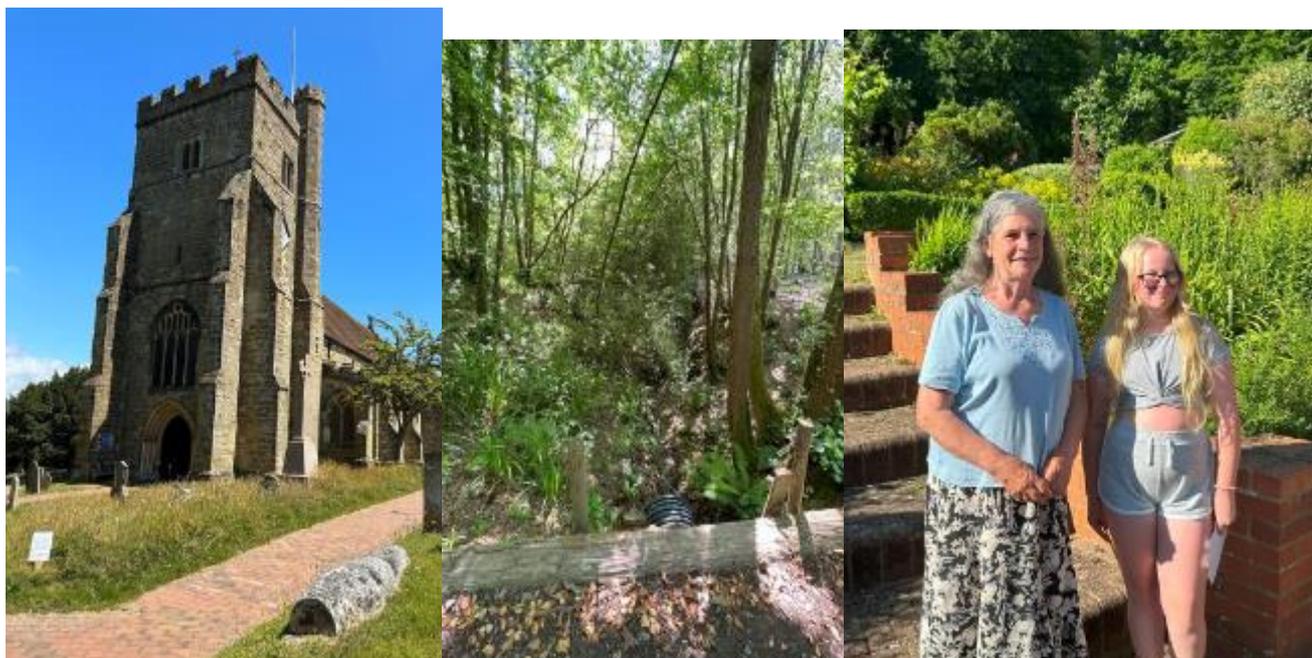
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### Meeting on Saturday 24th June, Battle and Crowhurst

A few of us drove to Crowhurst to catch the train to Battle to ring on their bells. This was attended by nearly twenty people, methods rung were Call Changes, Plain Bob Triples, Grandsire Triples, Stedman Triples. After ringing at Battle Alan Pink led a walk through the woods and fields, walking behind Battle Abbey and taking in some of the 1066 walk to “The Forewood Ring,” at Crowhurst.

Ringings from Rounds to Surprise were rung, during this we had a lovely tea provided by Louise, Sandra and a few others. A lovely day was had by all, the weather was nice to us, as it was so hot one member went in their pool. A presentation to Kara Pilfold of her new members certificate was given by Louise Pink, a former master.

Thank you to Louise and Alan for hosting this event again and we look forward to next year when we have booked to come again.



Marion Hollands

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## BELLS OF SUSSEX

Crawley ringer Kye Leaver is working on a database featuring all of Sussex's bells – data on weights, diameters, and inscriptions with sound recordings and photographs. This is a fast-growing resource and can be found here:

<https://thebellsofsussex.weebly.com/>

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## **NO BAKE CHOCOLATE OAT BARS**

### **Ingredients**



1 cup butter

1/2 cup brown sugar (packed)

1 tsp. vanilla essence

3 cups rolled oats

1/2 tsp. cinnamon

1 cup of chocolate chips

3/4 cup peanut butter

## **METHOD**

Line an 8x8 tin with baking parchment.

In a pan combine the butter, sugar and vanilla extract and heat gently until butter has melted and sugar has dissolved.

Add the oats and cinnamon. Cook stirring constantly for 4-5 minutes.

Put half the oat mixture into the 8x8 tin spread evenly and press down.

Combine the chocolate chips and the peanut butter in a small microwave safe bowl and heat on high in increments of 40 seconds stirring between each increment until melted and fully combined.

Pour 4/5 of the chocolate mix over the pressed oats. Top with the remaining oat mix and drizzle with the remaining chocolate mixture.

Refrigerate for four hours or until set.

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## **SERIAL**

[The Island – Part 4](#)

Stefan knocked apprehensively on the door of the mansion. For what felt like an age, he stood there. He tentatively motioned to knock again, but the door was opened.

“You a ringer?” asked the thin, wiry man in a cheap suit who answered the door.

“Yes,” Stefan replied, and showed him the letter. “Very well,” he said. “Let me show you to the drawing room; the others have already arrived.”

Stefan followed the man through a dark corridor with a red and gold carpet. His eyes were drawn to a suit of armour with ominous spikes, clutching a rusted cavalry sword. Soon, they turned off through an arched doorway and Stefan’s jaw dropped. In a circle of chairs by the fire were seven of the country’s most famous ringers.

Though Stefan wouldn’t have thought himself the type to moon over celebrities, but he found himself well and truly starstruck. Flabbergasted, he exclaimed, “My goodness! Is that... Thomas Drummin?”

“The very same,” he said with a wry smile. Thomas Drummin was thought to be among the greatest peal conductors of all time. “And that-” he gestured to the woman to his left - “is Pippa Pipen.”

She waved shyly. Stefan knew the name – she had a reputation for ringing difficult tenors. He was introduced to Laura, Colin, Maisie, Gordon and Bert. All had achievements in peal and contest ringing he could only dream of.

“You haven’t introduced yourself,” Drummin insisted.

Stefan was nervous. He was certain that none of these trailblazing super-ringers would know who he was. “Oh,” he stammered. “I’m... Stefan,” he said nervously. “I’ve rung... peals. Sometimes.”

“Don’t be nervous,” Colin Byrd assured him. “You must be good if Mr. X – whomever he might be – wants you here.”

Stefan disagreed, but didn’t say so. “So you’re none the wiser as to Mr. X’s motives and identity?” he enquired, changing the subject.

Pippa spoke up for the first time. “Not a clue,” she confessed. “But eight ringers gathered in one place? Seems to me Mr. X wants to make a band.”

Suddenly, a sound emerged from the stereo on the mantelpiece.

“All will be revealed,” boomed a nondescript electronic voice. Stefan shared a glance with his fellow ringers. This was getting interesting...

FQC

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## SOUNDBOW



Single copies are £1.20 or make life easier and take out a subscription for just **£8 per year**.

This will guarantee four editions of Soundbow delivered straight to your door as soon as they are printed. No more waiting for someone to come along with some for sale - they may never come and then you have missed out!

Soundbow reports on Association events, contains ringing themed articles and gives an insight into what is happening right across the county. Hopefully something of interest for everyone to enjoy!

To take out a subscription contact Kathy Howard at [soundbow99@gmail.com](mailto:soundbow99@gmail.com), or phone 01903 813653. There is also an application form on the SCACR website for you to download.



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The next edition of Look To! will be September 2023.

The deadline for write ups, events and relevant material is the end of  
May.

Send it all to [news-east@scacr.org](mailto:news-east@scacr.org)

Many thanks to everyone who contributed

