

# SallyForth

Western District Newsletter  
April/May 2019



## Diary of Events

### April 2019

Wednesday 3 <sup>rd</sup>	<b>Codgers</b>	for towers see SCACR calendar	11.00am–12.30pm 2.15pm–3.30pm
Friday 5 <sup>th</sup>	<b>Basic 8 Bell Practice</b>	Westbourne ( <a href="#">link</a> )	7.30pm
Saturday 6 <sup>th</sup>	<b>Beginners &amp; Improvers Practice -</b> Contact Christine first on 01903 872623	Washington	9.30am
Saturday 13 <sup>th</sup>	<b>Striking Competition</b> ( <a href="#">link</a> ) Names for tea to Moya at sec-west@scacr.org	Angmering	2.00pm-5.00pm
Saturday 20 <sup>th</sup>	<b>Handbell day at Hurstpierpoint Prep School</b> ( <a href="#">link</a> ) Contact Hamish at <a href="mailto:hamish@wandleys.demon.co.uk">hamish@wandleys.demon.co.uk</a> (see advertisement <b>on page 11</b> for details)		10.00am-4.00pm
Saturday 27 <sup>th</sup>	<b>Surprise Minor Practice</b>	Walberton	10.15am

### May 2019

Wednesday 1 <sup>st</sup>	<b>Codgers</b>	for towers see SCACR calendar	11.00am–12.30pm 2.15pm–3.30pm
Friday 3 <sup>rd</sup>	<b>Basic 8 Bell Practice</b>	Arundel	7.30pm
Saturday 4 <sup>th</sup>	<b>Beginners &amp; Improvers Practice -</b> Contact Christine first on 01903 872623	Washington	9.30am
Saturday 11 <sup>th</sup>	<b>Association AGM</b> ( <a href="#">link</a> ) Ringing at local towers (see advertisement <b>on page 11</b> for details) Service, Tea and Meeting Names for tea to Marion at <a href="mailto:sec-east@scacr.org">sec-east@scacr.org</a>	Eastbourne All Saints	3.00pm 12.30pm-4.30pm 4.30pm
Friday 17 <sup>th</sup>	<b>Stedman and beyond 8 bell practice</b>	Heene	7.30pm
Saturday 18 <sup>th</sup>	<b>12 Bell Get-together jointly with Southern District</b> Coffee will be available in the Church Hall (see advertisement <b>on Page 10</b> for details)	East Grinstead	10.30am-12.30am
Saturday 25 <sup>th</sup>	<b>Surprise Minor Practice</b>	Walberton	10.15am

You can find out about nation-wide ringing events by looking at [www.cccbr.org.uk/things-to-ring-for](http://www.cccbr.org.uk/things-to-ring-for)

Many thanks to everyone who sent in items for the newsletter. Your input is greatly appreciated.

Please send your contributions for the next edition of **SallyForth** to  
[news-west@scacr.org](mailto:news-west@scacr.org) by **15<sup>th</sup> July 2019**.

# Secretary's Musings

Well here we are speeding into Spring having had a very agreeable Winter with only a few days when driving to Towers for ringing could be interrupted with icy roads or fog.

So far this year we have had three very successful Saturdays. A dark afternoon in January saw us at Bosham with at least 30 people enjoying the ringing, and the stupendous tea, that the Bosham ringers had put on. Several new members were having their first outing on strange bells which I hope they enjoyed. They certainly seemed to enjoy talking to each other and exchanging their problems.

February was our Annual District Meeting, the venue for which had to be changed quickly at the last minute due to bell work starting on Angmering's bells. Storrington stepped up to the mark and quickly got the Vicar on board for the Service and booked the Hall in the Old School opposite the church for the meeting. Having arrived at 3pm by mistake, the Vicar had only seen a few people in the church and was amazed when she came back at the proper time for the Service to see 40 people in her church. Having been a bell ringer in her youth she gave a very appropriate address with reminiscences. We all then processed to the Old School for another splendid tea provided by Storrington's ringers (including scones, jam and cream, mmm). The Minutes of the meeting should be on the Association website.

Our Annual Social Event in March was a Quiz Evening this year and saw over 50 of us racking our brains for the answers to the questions set by Liz Beadle and her husband, Alan. They were a very well-rounded set of questions, so no one was that far behind when the final scores were announced. Well done Liz. As usual the hot supper of baked potatoes, with chilli or cheese went down very well followed by delicious puddings. Thank you to everyone who provided any of these.



We look forward now to our summer events which include a picnic between Towers, an evening walk and an Outing to London. Keep looking at the SCACR website for details.

Website for details of any events in Sussex which you can attend is: [www.scacr.org](http://www.scacr.org)

**Moya Hills**

**Sec West**

[sec-west@scacr.org](mailto:sec-west@scacr.org)

01903-266980

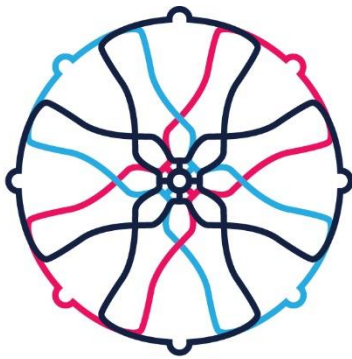
## SUSSEX COUNTY ASSOCIATION OF CHANGE RINGERS - West District

### WELCOME TO OUR NEW MEMBERS

<b>Aldingbourne</b>	Mark Cumberland	<b>Aldwick</b>	Jacky Warren Mark Witts
<b>Amberley</b>	Susan Haynes		Rachel Gouldbourne-Birkenshaw Rebekkah Birkenshaw
<b>Felpham</b>	Audrey Glass	<b>Graffham</b>	Angela Thornley Eira Ashby
<b>Shipley</b>	Pamela Kimber Alice (Junior) Zach (Junior)	<b>Stedham</b>	Natalie Morey De La Cruz Vince Morey
<b>Stoughton</b>	Daniel McKinsley		

### NEW ROPES?

Ropes are part of the Church Fabric and should be purchased through your PCC in order to **reclaim the VAT**



## THE CENTRAL COUNCIL OF CHURCH BELL RINGERS

# CCCBR UPDATE

Ringling Remembers has now officially closed with a final total of over 3,000 new ringers recruited. The challenge now is to retain them; in Sussex there are a number of initiatives to support the over 160 new recruits in our county.

2019 has got off to a flying start with publication of the 11<sup>th</sup> edition of Dove's Guide. In our digital age this book is proving a huge success with copies being sold in large numbers. Besides this the Manual of Belfry Maintenance is still selling well, has your tower invested in a copy yet? All publications are available to buy on-line, Christine Butterfield, from Washington, and Margaret Oram, from Warnham, both have a selection of the most popular titles in stock.

Although probably not a subject that many are concerned with, the new Framework for methods has finally been signed off by members of the CCCBR Executive after wide consultation amongst ringers at large.

*Lesley Belcher (Chair of ART) at the flip chart with  
Steph Pendlebury (Northern Sec, Horsham)*



The ART conference, held in Worcester on 3<sup>rd</sup> & 4<sup>th</sup> March, was a great success with about one hundred present on both days. Sunday was arranged by the Volunteer & Leadership workgroup of the CCCBR and focussed on developing youth ringers and ringing. Listening to experience from other parts of the country Sussex is well placed, although of course there is no room for resting on our laurels. One specific area that seems to need attention is university ringing and the danger of losing people at this stage of their ringing careers.

Plans for the CCCBR AGM to be held in London, during the weekend of 6<sup>th</sup> – 8<sup>th</sup> September, are progressing well. This will be based at Goldsmiths University in south east London and is open to all ringers. The Sunday will especially focus on talks, seminars and displays aimed at ringers in general. Details should be available in early May but put the date in your diary now if you are thinking of coming

along. There are good transport links as Goldsmiths is a short walk from both New Cross Gate and New Cross railway stations. The overall theme for the day will be tower management, covering many different subjects. You can already find out a lot about the events that are being planned by going to: <https://cccbr.org.uk/about/meetings/2019-meeting/>

**David Kirkcaldy**  
Central Council Rep

## Membership Database

### Do you need to change your details?

If you're changing your email address, reaching a significant birthday (18 or 70 for SCACR insurance purposes) or changing any other membership details then you need to contact the Membership Secretary preferably on line or by post if that is your only route.

Anyone can view and update their own record in the membership database using the following link: <https://membership.scacr.org/edit-your-details> and then following the instructions.

The procedure for non-computer users is to write to the Membership Secretary, currently at:  
44 Paddockhall Road, Haywards Heath, RH16 1HW.

This address will now be included in the contact details listed on the last page of SallyForth

# Sussex Young Ringers News

## *Cake, Fun and Ringing!*



If you're a young ringer, or know one, do come along to one of our next Young Ringers Practices! You can expect a good laugh, lots of cake, lots of ringing and a chance to ring with lots of young ringers. At our latest practice we rang Call Changes, Grandsire Triples, Plain Bob Triples, Stedman Triples and Cambridge Surprise Major.

Our next Practice is on **Saturday 30<sup>th</sup> March at Slaugham**  
**14:00 - 16:00pm** we'd love you to come along

*Sussex Young Ringers at Billingshurst 26<sup>th</sup> January 2019*

If you'd like to be kept up to date with all upcoming young ringers events and opportunities then email Anne: [annefranklin@hotmail.co.uk](mailto:annefranklin@hotmail.co.uk)



We are also busy practising for the upcoming South East Youth Striking Contest to be held in at Horton Kirby in Kent on Saturday 6<sup>th</sup> April and the 2019 RWNYC to be held in Liverpool in July!

The National Youth Contest trophy is engraved! Sussex is on there for ever. The Trophy is currently at Hurstpierpoint, as it travels on its victory tour around Sussex!



*See you at our next practice!*

# Petersfield Outing March 2019

My name is Francesco and I ring at Pulborough (West) and Itchingfield (North). I am nearly 12 years old. This is my first article for the Sally Forth Newsletter and is about the outing I organised to the area around Petersfield. I had previously organised an outing before this to Southampton which David Hall wrote about in the March/April Newsletter last year.



The day started off ringing at St. Georges Church **Trotton (above)**, with only four bells and we made much use of them. We rang some Call Changes, Plain Hunt and Bob Minimus on this charming little ring. The bells aren't rung very often and are quite hard to ring well, but never the less it was a great start to the day. The church sits alongside the A272 and parking was quite difficult.



After an hour of four bell ringing, the next tower provided something more interesting. This was St. Bartholomews Church **Rogate**. There are six bells in a small wooden tower and the bells are rung from the ground floor of the church. They have a long unguided rope draft meaning that they were very challenging to ring well.

We didn't ring too many advanced things but we managed Call Changes, Plain Hunt, Plain Bob and Grandsire Doubles on this cute little village six.

Due to an unfortunate stay break, we rang down the rest of the bells and left Rogate a little earlier than expected for our Lunch Break. My Father, Brother Luca, and I went off to West Liss Tesco Express to grab some sandwiches for Lunch preparing for the best ring yet!

We arrived at St Luke's, **Milland**, a lovely huge church in the middle of nowhere about 45 minutes early for ringing.

We had a wander around the church yard and saw the lovely little chapel, built as the original church for the Village until the Community expanded and a larger church was constructed in the 19<sup>th</sup> century.

Whilst three other members of the group left for a walk in the woods surrounding the Church, our ringing friend Euan arrived early with his dad. Barry Wateridge, the tower captain, soon arrived to open up at Milland. Whilst we were still early for ringing, Euan from Amersham, Luca and Myself enjoyed 'playing with bells' in the safest way possible of course! All the bells were down so we chimed them, rung up the back three and rang Plain Hunt Singles! Whilst the tenor was being rung down I stepped outside and heard how loud the bell



was. It makes you suddenly realise that wherever you are ringing people can hear whatever you ring! Although, perhaps not at Milland as the village is far from the Church!



When others of the group arrived we rang up the bells in peal 'Devon call change style' followed by some very nice Call Changes. The bells had a similar rope draft as Rogate but with rope guides installed which made them much easier and much more pleasant to ring. We rang Call Changes, Plain Hunt, Plain Bob Minor and Doubles, Grandsire doubles, Stedman Doubles and even a course of Cambridge Minor.

These bells, rehung in 2012 by Whites of Appleton, were the best ring of the day (in my opinion). We ended with a lower in peal and had the Group Photo taken here before proceeding to the Last tower.

The last tower was St Peters Church in **Petersfield**. Luca and I were there early again but things did not go quite to plan. As members of the group arrived we noticed that time was getting closer to 4pm when we were meeting the correspondent. We met a churchwarden in the church who told us a bit about the history of the church. I was starting to get a little worried whether correspondent would turn up or not.

The Churchwarden very kindly phoned the vicar who came and let us into the tower. After we raised the bells, we rang mostly Call Changes but we did manage a plain course of Grandsire Triples, however David kept forgetting to dodge at the beginning! We planned to have an evening meal at the end but most places only started serving after 6:30pm so we had to cancel that. We ended off ringing Plain Hunt at Petersfield before we all left on our various different ways home. It was a very enjoyable day out ringing with friends. I intend to arrange another ringing outing this summer to Bromley, South-East London, or is it North-West Kent, I will let you decide what you think it is!



Francesco  
Bell Ringer at Pulborough and Itchingfield



*On the front row starting from the right:  
Barry and his dog from Milland  
next to Francesco, Euan from  
Amersham and Luca*

# Learning the Ropes

Ringling Remembers recruits receive their ART Level 1 Bell Handling Certificates



Top left: Shaun and Jan who are learning to ring at Chichester Cathedral

Top right: Mark who is learning at Aldingbourne (Hamish to his right)

Left: Celia who is also learning at Chichester Cathedral

All are progressing towards plain hunting with enthusiasm

The month of February sees the Annual District Meetings and the Western Division held the gathering at Storrington which turned out to be an excellent choice. The ground floor ring of 6 easy bells, an adjacent church hall, a friendly vicar and the prospect of a scrumptious tea, had the effect of drawing 50 to 60 ringers and making 9<sup>th</sup> February a busy afternoon.

There were lots of old friends as well as an encouraging number of new faces who all joined in with the ringing, guided by Rob Lane, our acting Ringing Master, and Graham Hills. The 90 minutes passed quickly and the gossip levels grew so much that it was difficult to hear the bells at times!

The service that followed was given by the vicar, Kathryn Windslow who welcomed us, apologising for the failure of the heating system as we huddled in our coats, and then for the microphone which abruptly ceased to function in sympathy with the heating boiler! She welcomed us saying that she was not used to seeing a full congregation and told us of her early attempts at bell ringing in her home town of Horsham. Sadly she had not got far but was full of admiration for those that had mastered the art, giving us a little, much needed, warm glow of satisfaction. The hymns and readings were bell related (perhaps there is a Google search suited for this!) and soon with Rob giving the reading, we were into the hymns, prayers and the recitals.

Across the road, we found the church hall and splendid layout of food and drinks. Those in the know went and bagged a table and chair, while those who had dried out with the hymns, headed for the tea bar. The local ladies had done us proud as you would expect from Storrington, and even had a separate table for vegan food! Sandwiches, scones, cakes, sausage rolls, cheese and pineapple in abundance were then carried off to the tables while Moya and Rob organised the raffle.



*Jacky Warren, Rachel Gouldbourne-Birkenshaw, Rebekkah Birkenshaw, (all from Aldwick) and Dan Mckinsley (Stoughton)*

The Secretary's' report detailed by Moya had been e-mailed to all, the Wests' Central Council report was given by David Kirkcaldy, the Banking and donations were noted and Christine Butterfield gave thanks to all of those who had helped with her Saturday morning monthly practices which had become increasingly popular. Alison Everett and David told us of the opportunities to join the ART ringing course at Billingshurst and conference at Worcester for which grants were available and urged us to take part. Committee members were elected and nominations taken for General Officers to SCACR.

Once again we must give generous thanks to our hosts at Storrington for all of their help in making a success of the afternoon, for Sheila for organising and providing the tea (what a tasty fruit loaf!) as well as the splendid job that Rob had made of his first experience of the duties of Master. Lastly, thank you to Moya and Graham without whom we would all fall apart saying, "what do we do now, what do we do now?"

After the munching and slurping had died down a little, the Meeting was started with Rob officiating and looking every inch the part of Master in his silver chain of office. With Moya by his side to keep everything in order, he had a minute to remember those ringers who had passed away during the year and then had the happier task of welcoming new recruits and dispensing certificates. This is still an important part of the gathering and makes each ringer feel a part of the Association. (I can still remember my day walking out to the front for the first time.)



*Rob Lane presenting Moya Hills with her 50 year certificate*



# Does your Tower have a Simulator?

The CCCBR's Volunteer and Leadership Workgroup and the Association of Ringing Teachers are working together to investigate and promote the use of simulators. Whilst the very early simulators may have been viewed as just a novelty, ongoing software development combined with innovative teaching practices mean that the latest kits should be considered as an invaluable aid for teachers, novice ringers and even 'experts' looking to hone their skills. Part of the project is to create and maintain a map with details of all the towers which have a simulator. The word 'simulator' means different things to different ringers so CCCBR/ART have put together a google form to capture basic information (e.g. which software the simulator uses) and would really appreciate you filling in the details about your simulator if it is not already on the map. You can check this out by going to the ART website: <http://ringingteachers.org/resource-centre/simulator-resources/simulator-map>

The google form is at:

<https://goo.gl/forms/5M4GpPdf1MRfgrL2>

Please note that the e-mail field on the form is optional. You do not need to complete this field if you do not wish to. You can include a link to your website in the comments box instead, if you prefer. If you wish to update the information at any time, all you need to do is to submit a new form.

## **Help available through CCCBR/ART**

In conducting this exercise CCCBR/ART are finding that a number of the early simulator systems are no longer used. Often the red LED's in the sensors glow less brightly over-time, resulting in a failure to detect and send a signal to the computer. There is now an improved design which uses white LED's, without the same problem. As the new LED's only cost a few pence each, the manufacturer will replace them free of charge. If, however you see no future use for a simulator in your tower, there may be another tower in the Association, or elsewhere which would appreciate a second-hand system. Contact ART if you would like further details – there is a contact form on their website.

CCCBR/ART have also found that simulators are often under-used as people are not aware of the latest features, or have problems with the hardware or setting up the software. They are therefore developing a package of support all of which can be viewed via the website at: <http://ringingteachers.org/resource-centre/simulator-resources>

- [Simulator Resources Website](#): Containing lots of useful information.
- [Simulator Map](#): Showing towers where people can go either to see a simulator in operation, or to practice on one.
- [Simulator Workshops](#): Held at locations around the country. Venues in the pipeline for 2019 include Bryanston, Dorset; Oxted, Surrey; Bridgwater, Somerset, Marsworth, Bucks; Mancroft, Norwich; Hathern Leics; and a tower TBA in North Yorkshire.
- [Simulators and Teaching Book](#): Available from the ART Shop.
- [Simulator Suppliers and Users Facebook Page](#): Where people can post their technical queries. Usually there is someone that can help.



## **Help available through Sussex Bell Restoration Fund**

Funds are available for helping towers in Sussex install simulator and training equipment such as dumb-bells. The money comes from a legacy left to the Association by Brian Burrough (who learned to ring at Itchingfield in the 1950s and latterly rang at St Leonards), who died in 2006. It was his wish that the legacy be used for the advancement of ringing in Sussex. It is hoped that by offering some financial support, a wide mix of towers across the county might consider installing equipment. An application form is available on the SCACR website.

# Bosham Ring and Tea

12<sup>th</sup> January 2019

After the excitement and rushing around of Christmas and the New Year celebrations, it was good to have a social gathering at Bosham to look forward to for the often dreary month of January. Mention a Bosham tower meeting to most ringers and they will anticipate some enjoyable ringing and above all, a splendid tea!

It is also of course, a delightful setting, being by the waters of Chichester Harbour and all of those attractive, old houses, jostling together around the ancient churchyard. The car park was busy with other visitors to the village as we made our way across to the church, already ringing away across the road.



Inside, the local ladies had been busy with a display of sandwiches and cakes for later and Moya had set up the raffle prizes for us to puzzle over. This little church is like a Tardis, being bigger inside than out. It always surprises you when you see the tall, unplastered stone walls and changes of floor level of the nave and then look up at the window to the first floor ringing chamber. We were also walking in the footsteps of King Canute who had tried to push back the tide by will power. It didn't work for him and it doesn't work for bell-ringing if your bell starts to drop!

Lots of old friends as well as new faces were already crammed in around the ropes. Graham Hills was in charge of the ringing and there was a mix of abilities to accommodate as it was the first time some had rung at Bosham with its' 13cwt tenor. We sometimes forget how daunting it can be to ring at a new tower in front of lots of strangers for those with limited

experience, but it is all good practice. Changes, plain hunting, Bob Doubles and Grandsire Doubles took most of the time but we also managed Kent and Cambridge Minor (well done Sue Gadd for a course with touches and also for Rob Lane, acting Master, for getting to Bosham on a working day). All abilities and ages had some ringing, including young Francesco and Lucca, as keen as ever, before it was tea time and a scramble down the stair for a welcome cuppa and refreshments.

Down below in the church, plates of sandwiches, scones, fruit bread, cakes, grapes and tomatoes were gratefully washed down with unlimited tea and coffee while Rob called out the raffle winners. Someone with a sense of humour had donated the last prize of 200 "doggy poo bags" - sorry Mandy, perhaps you know somebody with a dog! We all thoroughly enjoyed ourselves and a round of applause was given to all of those lovely, industrious ladies who had buttered and baked away to keep up their high standards.

This was one of the best attended monthly events with 35 people, some having come from afar, enjoying the hospitality and ringing with our Bosham friends. Thanks for Moya and Mandy for organising the afternoon and to Graham for guiding the ringing.

David Hall



## May 'Get Together'

Please come along and practice with the South District

**SATURDAY, 18<sup>th</sup> MAY**  
**ST. SWINTHUN'S CHURCH,**  
**EAST GRINSTEAD**  
**RH19 3AU**

Ringling 10.30 -12. 30am

Coffee available from 10am in the Church Hall  
(behind the church by the small car park)

*Our only 12 bell church in Sussex*

## Quarter Peals

*If requested, SallyForth is pleased to report Peals and Quarter Peals rung in memory of ringers or national figures, or rung to celebrate events which are of general public interest or of specific interest to bellringers, or which include "firsts" for one or more members of the band.*

*Please ensure that all members of the band are happy to have their names printed in SallyForth before sending your request.*

### Holy Trinity, Bosham

30<sup>th</sup> December 2018

#### 1260 Grandsire Doubles

- 1 Alison Everett
- 2 Kathy Kallaway
- 3 Mandy Rodgers
- 4 Carol Bishop
- 5 Ewan Grant-Richardson (C)
- 6 Dave Hanwell

First QP of Grandsire inside - 2.

### Chichester Cathedral of the Holy Trinity

2<sup>nd</sup> March 2019

#### 1344 6 Spliced Surprise Major (C N P R S Y)

- 1 Susan Spencer
  - 2 Jane Deadman
  - 3 Peter Watson
  - 4 Gill Roberts
  - 5 Ewan Grant-Richardson
  - 6 Ian Hunt
  - 7 Colin Spencer (C)
  - 8 David Roberts
- Rung in memory of Mary Bartholomew ringer and Tower Master at this Cathedral and latterly at Leominster

### St James, Stedham

11<sup>th</sup> March 2019

#### 1260 Plain Bob & Grandsire Doubles

- 1 Marilyn Payne
  - 2 Hamish McNaughton
  - 3 Susan Spencer
  - 4 Peter Payne
  - 5 Colin Spencer (C)
  - 6 Barry Cooper
- Rung half muffled in memory of Geoff West, ringer here for over 50 years, latterly Tower Captain until ill health prevented him from ringing. Rung following his funeral service and burial in the Churchyard.

## Association Handbell Day

Saturday 20<sup>th</sup> April 2019

10.00am to 4.00pm

Hurstpierpoint Prep School

Chalker's Lane, Hurstpierpoint BN6 9JS

This event is open to all, especially:

- Handbell groups in Sussex and near by
- Those who enjoy change ringing on handbells but do not have a regular practice
- Those who want to have a go

There will be a charge of £7 to cover room hire, refreshments and lunch.

There will be three focus groups:

- Plain hunting to Plain Bob
- Plain Bob to Treble Bob
- Beyond Treble Bob

If you would like to attend this event please **email Hamish at hamish@wandleys.demon.co.uk** stating which of the focus groups you would like to join and whether you are able to bring handbells.

## Association AGM

Saturday

11<sup>th</sup> May 2019

Eastbourne

Ringing at local towers:

Christchurch	12.30pm
St Mary's	1.30pm
St Saviour's	2.15pm
All Saints	3.30pm

At 4.30pm there will be a service at All Saints followed by tea and the meeting.

**Names for tea to Marion at:  
sec-east@scacr.org**

## WESTERN DISTRICT CONTACTS

<b>Secretary</b>	Moya Hills 311 South Farm Road, Worthing BN14 7TL	01903 266980	<a href="mailto:sec-west@scacr.org">sec-west@scacr.org</a>
<b>Education Officer</b>	Christine Butterfield	01903 872623	<a href="mailto:ed-west@scacr.org">ed-west@scacr.org</a>
<b>West BRF Rep</b>	Rik Clay		<a href="mailto:brf-west@scacr.org">brf-west@scacr.org</a>
<b>Newsletter Editors</b>	Mandy Rodgers Hamish McNaughton	01243 574074 01243 543410	<a href="mailto:news-west@scacr.org">news-west@scacr.org</a> <a href="mailto:hamish@wandleys.demon.co.uk">hamish@wandleys.demon.co.uk</a>
<b>Central Council Rep</b>	David Kirkcaldy		
<b>Committee Members</b>	David Hall Janice Crawford Sue Gadd Geoff Goodman Graham Hills		
		01903 266980	<a href="mailto:brf@scacr.org">brf@scacr.org</a>

### WESTERN DISTRICT PRACTICE NIGHTS

You'll always be welcome on practice nights at other towers in the division, but it might be an idea to check before you get there!

**Monday:** Aldingbourne, Arundel (2<sup>nd</sup> & 4<sup>th</sup>) & Lyminster (1<sup>st</sup> & 3<sup>rd</sup>), Northchapel, Pagham, Pulborough, Slindon, Stedham, Westbourne, West Tarring & Yapton

**Tuesday:** Aldwick, Findon (2<sup>nd</sup> & 4<sup>th</sup>), Fittleworth, Funtington, Goring-by-Sea, Graffham, South Harting, Washington (2<sup>nd</sup> & 4<sup>th</sup>)

**Wednesday:** Billingshurst, Chichester, Felpham, Heene, Kirdford (7.45pm), Shipley, Stoughton, Thakeham, Tillington (7.45pm - 1<sup>st</sup> only), Wisborough Green (7.30pm)

**Thursday:** Angmering (2<sup>nd</sup>, 4<sup>th</sup> & 5<sup>th</sup>), Bosham, Easebourne (1<sup>st</sup> & 3<sup>rd</sup>), Findon (1<sup>st</sup> & 3<sup>rd</sup>), Midhurst (2<sup>nd</sup> & 4<sup>th</sup>), Milland, Petworth, Steyning & Walberton

**Friday:** Amberley, Rogate & Storrington Upper Beeding (2<sup>nd</sup> & 4<sup>th</sup>)

**Other Towers:** Fernhurst (3), Lodsworth & Trotton (4)

### Regular Practices

Beginners & Improvers Practice - contact Christine first	1 <sup>st</sup> Saturday of every month	Christine Butterfield	01903 872623
Basic 8 Bell Practice	1 <sup>st</sup> Friday of every month	Colin Spencer	01243 824952
Stedman&Beyond 8 Bell Practice	3 <sup>rd</sup> Friday of every month	Colin Spencer	01243 824952
Surprise Minor Practice	4 <sup>th</sup> Saturday of every month	Graham Hills	01903 266980
Codgers Practice	1 <sup>st</sup> Wednesday of every month	Mike Foster <a href="mailto:codgers@scacr.org">codgers@scacr.org</a>	01903 741664

### Ways to keep in touch with what the Sussex Association of Change Ringers is doing

Take a look at the SCACR calendar at [www.scacr.org/calendar](http://www.scacr.org/calendar)

Subscribe to Soundbow. SCACR quarterly magazine. £1 each or £6 pa for a postal subscription. Contact Soundbow Editor Kathy Howard 01903 813653

You can register and keep in touch via Facebook – just search for SCACR

If you use Twitter then look for @scacr and @sussexbells

If you need to know more about social media please email Alison Everett, our Communications and Events Team leader, at [publicity@scacr.org](mailto:publicity@scacr.org)

### Membership - changes to your details

View and update your own record in the membership database using the following link: <https://membership.scacr.org/edit-your-details> or write to The Membership Secretary at 44 Paddockhall Road, Haywards Heath, RH16 1HW

*Many thanks to everyone who sent in items for the newsletter. Your input is greatly appreciated.*

*Please send your contributions for the next edition of **SallyForth** to [news-west@scacr.org](mailto:news-west@scacr.org) by **15<sup>th</sup> July 2019**.*